

211 -1949 Upper Water St. Halifax, NS. B3J 3N3 ph: 902-421-1248 / fx: 902-423-4931

Sandwich Menu

Delí Sandwiches & Wraps or Platters: Assorted delí sandwiches and wraps made with the freshest ingredients. \$4.99 each

Chicken Ouesadillas

Seasoned grilled chicken with grilled onion, red and green peppers, cheddar cheese, salsa and a side of sour cream. \$6.99 each

Chicken Fajitas

Seasoned grilled chicken with grilled onion, red and green peppers, cheddar cheese, w/ optional beans and rice \$6.99 each

Clubhouse Sandwich or Wrap Seasoned chicken, bacon, cheddar cheese, lettuce, tomatoes with a roasted red pepper Mayonnaise spread or ranch dressing. \$5.99

Italian Sandwiches

Assortment of out Italian Style sandwiches on an 8" baguette with assorted Italian meats and cheeses. \$5.49

Daily soup specials - \$3.29 We make 3 kinds each day from scratch.

Beef Chili - \$3.49

From scratch and rich with flavour.

Salads - Caesar, Greek, pasta, potato, coleslaw, taboulí, fatouch and so many more creations. Starting from \$2.99 per person

Catering Menu

Platter Menu

Small serves 6-9 / Med serves 10-15 /Lg serves 16-22

Vegetable Platter:

Fresh and crisp vegetables served with a

home made dip. Small platter: \$21.99 Med platter: \$29.99 Large platter: \$41.99

Cheese Platter:

A combination of important and domestic

cheese with crackers and grapes.

Small platter: \$36.99 Med platter: \$46.99 Large platter: \$62.99

Cheese/Deli Platter:

A combination of our fine deli meats and cheeses

with assorted crackers and fresh grapes.

Small platter: \$36.99 Med platter:\$46.99 Large platter: \$62.99

Hummus & Pita Crisps Platter: \$2.75 per person

Fruit Platter: A favourite anywhere; Always fresh

& always loaded with a great selections.

Small platter \$21.99 Med Platter \$32.99 Large platter \$46.99

Dessert Platter: Never to be forgotten-An assortment of delicious squares and tarts

sure to delight: \$2.25 per person

Vegetable/Chicken Stir Fry

\$ 9.99 each

The Cookie Plate - In house bake soft and chewy cookies - \$.99 each

Continental Breakfast

Muffins: Baked in house every morning -Selections may include morning glory, low fat bran, double chocolate, oatmeal raisin, chocolate chip, blueberry, banana nut, apple oatmeal cinnamon. \$1.59 each

Pastries

Croissants, cinnamon rolls, assorted scones, Danishes & turnovers \$1.99 each

Bagels:

Sesame, multi- grain, whole wheat, cheddar cheese, blueberry. \$1.49 Cream Cheese Bagels \$2.49 Sliced Cheese Bagels \$2.49 Ham & Cheese Bagels \$3.49

Croissants: plain, almond & choc. \$1.99

Breakfast - Hot Stuff

Grilled bacon, egg & cheese burrito \$3.99 Grilled sausage, egg & cheese burrito \$.399
Bacon, egg & cheese sandwich \$4.49
Western Omelette sandwich \$4.49

Fruit Cup-Fresh cut every morning, no sugar or preservatives added. \$2.99 each

Beverages:

Coffee Earn 10 ppl - \$13.99 each Tea Earn 10 ppl - \$13.99 each Soft Drinks, Bottled Juice or Spring Water - \$1.25 San Pellagrino or Perrier Water - \$2.19 each

Hot Food!!

Lasagna & Garlic bread only 6.99 per person!

Tired of sandwiches and "the usual"? We'd be happy to make exciting hot meals for your event.